

VJK KB Diksmuide 26: Session: 1: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Melders Peter

Coaches: Jansen Goele HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE MEN 13-14					Heat:4, starttime: 09:06
Heat: 4/6 Lane : 6 Athlete: WALTERUS KILYAN					Q-time: 01:15:33
PB (25m pool): 01:15.33 Hasselt 04/10/2026					PB (50m pool): 01:19.06 SB: 01:15.33 Hasselt 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.25		01:15.33	
		00:35.25		00:40.08	
					

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 13-14					Heat:2, starttime: 09:14
Heat: 2/5 Lane : 6 Athlete: NOUWEN FLEUR					Q-time: 01:24:38
PB (25m pool): 01:24.73 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): 01:24.38 SB: 01:25.31 Hasselt 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.66		01:24.73	
		00:40.66		00:44.07	
					

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 13-14					Heat:3, starttime: 09:16
Heat: 3/5 Lane : 2 Athlete: RUELENS COBIEN					Q-time: 01:20:91
PB (25m pool): 01:20.91 Temse 17/11/2025					PB (50m pool): 01:24.21 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.59		01:20.91	
		00:38.59		00:42.32	
					

Coach feedback:

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Event number: 3: 200M MEDLEY MEN 15-16							Heat:4, starttime: 09:31	
Heat: 4/5 Lane : 3 Athlete: DAEMEN JUUL							Q-time: 02:20:10	
PB (25m pool): 02:20.10 Hasselt 04/10/2026				PB (50m pool): 02:25.14SB: 02:20.10 Hasselt 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.36		01:07.83		01:47.70		02:20.10
	00:30.36		00:37.47		00:39.87		00:32.40	
								

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 13-14							Heat:4, starttime: 09:54		
Heat: 4/4 Lane : 8 Athlete: VANDIJCK SAMUEL							Q-time: 00:32:02		
PB (25m pool): 00:32.02 Hasselt 04/10/2026				PB (50m pool): 00:34.33SB: 00:32.02 Hasselt 04/10/2026					
	2 5 M		5 0 M						
PB			00:32.02						
			00:32.02						
									

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 13-14										Heat:1, starttime: 09:56	
Heat: 1/4 Lane : 5 Athlete: SCHOUTEDEN NIENKE										Q-time: 00:35:64	
PB (25m pool): 00:35.71 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:35.64 SB: no time											
	2 5 M		5 0 M								
PB			00:35.71								
			00:35.71								
											

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 15-16					Heat:1, starttime: 10:02
Heat: 1/4 Lane : 4 Athlete: SERVFRANCKX SENNE				Q-time: 01:05:62	
PB (25m pool): 01:05.62 Herentals 09/05/2026			PB (50m pool): 01:08.29 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.01		01:05.62	
	00:30.01		00:35.61		
					

Coach feedback:

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Event number: 7: 100M BUTTERFLY MEN 15-16					Heat:2, starttime: 10:04
Heat: 2/4 Lane : 2 Athlete: EVENS VINCE					Q-time: 01:03:07
PB (25m pool): 01:03.07 Hasselt 04/10/2026			PB (50m pool): 01:04.87 SB: 01:03.07 Hasselt 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.45		01:03.07	
	00:29.45		00:33.62		
					

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 15-16					Heat:4, starttime: 10:07
Heat: 4/4 Lane : 6 Athlete: EVENS MATS					Q-time: 01:02:01
PB (25m pool): 01:02.01 Herentals 09/05/2026			PB (50m pool): 01:03.10 SB: 01:02.45 Hasselt 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.42		01:02.01	
	00:28.42		00:33.59		
					

Coach feedback:

Event number: 9: 400M FREESTYLE MEN 13-14							Heat:3, starttime: 10:29	
Heat: 3/4 Lane : 5 Athlete: WALTERUS KILYAN							Q-time: 04:41:80	
PB (25m pool): 04:49.01 Hasselt 12/10/2025				PB (50m pool): 04:41.80SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:32.43		01:09.55		01:46.67		02:24.22
	00:32.43		00:37.12		00:37.12		00:37.55	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:01.82		03:38.54		04:15.27		04:49.01
	00:37.60		00:36.72		00:36.73		00:33.74	
								

Coach feedback:

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Event number: 10: 400M FREESTYLE WOMEN 13-14							Heat:2, starttime: 10:46	
Heat: 2/4 Lane : 6 Athlete: SCHOUTEDEN NIENKE							Q-time: 04:59:43	
PB (25m pool): 04:59.43 Bree 21/12/2025			PB (50m pool): 05:03.06SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:10.43		no time		02:27.11
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:59.43
								

Coach feedback:

Event number: 11: 1500M FREESTYLE MEN 15-16							Heat:1, starttime: 11:03	
Heat: 1/1 Lane : 6 Athlete: TIELEN SANDER							Q-time: 17:14:48	
PB (25m pool): 18:22.81 3500 Hasselt 14/04/2024				PB (50m pool): 17:14.48SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
	no time	no time	no time	no time	no time	no time	no time	no time
PB								
	8 5 0 M	9 0 0 M	9 5 0 M	1 0 0 0 M	1 0 5 0 M	1 1 0 0 M	1 1 5 0 M	1 2 0 0 M
	no time	no time	no time	no time	no time	no time	no time	no time
								
	1 1 5 0 M	1 3 0 0 M	1 3 5 0 M	1 4 0 0 M	1 4 5 0 M	1 5 0 0 M		
	no time	no time	no time	no time	no time	18:22.81		
								

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Event number: 12: 800M FREESTYLE WOMEN 15-16							Heat:1, starttime: 11:23	
Heat: 1/2 Lane : 3 Athlete: WEVERS GITTE							Q-time: 10:19:70	
PB (25m pool): 10:10.57 3500 Hasselt 14/04/2024				PB (50m pool): 10:19.70SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	10:10.57
								

Coach feedback: